

III. AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application.

1-9 (Canceled)

10. (Currently Amended) A method of providing a supplement to a user comprising the steps of:

containing an amount of a separate calcium supplement in a distribution container;
selecting a plurality of saliva pH test strips ~~useful in conjunction with said calcium supplement~~ that test for a calcium deficiency in a user;
establishing a separate saliva pH test strip procedure;
compactly assembling said plurality of saliva pH test strips;
attaching said compactly assembled plurality of saliva pH test strips to said distribution container;
externally displaying the presence of said plurality of saliva pH test strips to potential purchasers of said calcium supplement;
providing said amount of said separate calcium supplement to a purchaser; and
providing said compactly assembled separate plurality of saliva pH test strips to said purchaser of said calcium supplement at about the time of accomplishing said step of providing said amount of said separate calcium supplement to a purchaser.

11. (Original) A method of providing a supplement as described in claim 10 wherein said step of attaching said compactly assembled plurality of saliva pH test strips to said distribution container comprises the step of sealing said compactly assembled plurality of saliva pH test strips to said distribution container.

12. (Previously Amended) A method of providing a supplement as described in claim 11 and further comprising the step of indicating no likelihood of tampering of said distribution container by use of a tamper-proof seal, and wherein said step of sealing said compactly assembled plurality of saliva pH test strips to said distribution container comprises the step of utilizing said tamper-proof seal.

13. (Original) A method of providing a supplement as described in claim 10 wherein said step of providing said amount of said calcium supplement to a purchaser comprises the step of providing an amount of coral calcium supplement to a purchaser.

14. (Original) A method of providing a supplement as described in claim 10 wherein said step of containing an amount of calcium supplement in a distribution container comprises the step of containing an amount of calcium supplement in a distribution container having a supplement bottle and a cap on top of said supplement bottle.

15. (Original) A method as described in claim 14 wherein said step of attaching said compactly assembled plurality of saliva pH test strips to said distribution container comprises the step of attaching said test to said top of said distribution container.

16. (Original) A method as described in claim 15 wherein said step of attaching said test to said top of said distribution container comprises the step of shrink wrap attaching said test to said top of said distribution container.

17. (Original) A method as described in claim 14 wherein said distribution container has a tamper proof element, and wherein said step of attaching said test to said distribution

- container comprises the step of utilizing said tamper proof element of said distribution container.
18. (Currently Amended) A method of [making] providing a supplement [available] to a user comprising the steps of:
 - containing a separate amount of [[said]] a calcium supplement substance, insulin substance, or prescribed medication substance supplement by a distribution container;
 - selecting a separate test modality ~~relevant to some aspect in conjunction with use of said supplement~~ that tests for a deficiency of one of said substances in a user;
 - establishing a procedure for use of said separate test modality;
 - compactly assembling said separate test modality; and
 - providing said compactly assembled separate test modality for distribution to a user in association with said distribution container.
 19. (Currently Amended) A method of [making] providing a supplement [available] to a user as described in claim 18 and further comprising the step of providing said compactly assembled test modality to said purchaser of said separate amount of said supplement at about the time of accomplishing said step of providing said separate amount of said supplement to a purchaser.
 20. (Currently Amended) A method of [making] providing a supplement [available] to a user as described in claim 19 wherein said step of providing said compactly assembled test modality to said purchaser of said separate amount of said supplement at about the time of accomplishing said step of providing said separate amount of said supplement to a purchaser comprises the step of attaching said compactly assembled test modality to said distribution container.
 - 21-42 (Canceled)
 43. (Currently Amended) A supplement distribution system comprising:
 - a physically separate amount of [[said]] a separately ingestible supplement;
 - a distribution container within which said physically separate amount of said separately ingestible supplement is contained; and
 - a compactly assembled plurality of test strips ~~useful in conjunction with said separate amount~~ that test for a deficiency of said supplement in a user and attached to said distribution container.
 44. (Original) A supplement distribution system as described in claim 43 wherein said compactly assembled plurality of test strips comprise a plurality of compactly assembled pH test strips.
 45. (Previously Presented) A supplement distribution system as described in claim 43 and further comprising an information display associated with said distribution container within which said separate amount of said supplement is contained.
 46. (Previously Presented) A method as described in claim 18 wherein said step of selecting a test to associate with said supplement comprises the step of utilizing a user implemented test.
 - 47-53 (Canceled)
 54. (Original) A method as described in claim 46 and further comprising the step of establishing said test as a no-cost increment to purchase of said supplement.

55. (Original) A method as described in claim 54 wherein said step of establishing said test as a no-cost increment to purchase of said supplement comprises the steps of: informing a potential purchaser of the existence of said test prior to the time of purchase of said supplement; and indicating said test as free at about the time of sale of said supplement.
56. (Original) A method as described in claim 46 and further comprising the steps of: informing a potential purchaser of the existence of said test prior to the time of purchase of said supplement; and demonstrating the practical nature of said test to said potential purchaser.
57. (Original) A method as described in claim 46 wherein said step of selecting said test comprises the step of utilizing a multiple test regimen.
58. (Original) A method as described in claim 57 wherein said step of utilizing a multiple test regimen comprises the step of indicating a frequency for said user to accomplish said multiple test regimen.
59. (Original) A method as described in claim 57 wherein said step of utilizing a multiple test regimen comprises the step of utilizing a temporally sequenced testing process.
60. (Previously Presented) A method as described in claim 46 and further comprising the step of facilitating a test recording option.
61. (Previously Presented) A method as described in claim 60 wherein said step of facilitating a test recording option comprises the step of providing a manual recording system.
62. (Previously Presented) A method as described in claim 60 wherein said step of facilitating a test recording option comprises the step of providing an internet-based recording system.
63. (Previously Presented) A method as described in claim 62 and further comprising the step of enticing use of said internet-based recording system by providing a user benefit associated with use of said internet-based recording system.
64. (Original) A method as described in claim 63 wherein said step of enticing use of said internet-based recording system comprises the step of tracking changes in test results for a user.
65. (Original) A method as described in claim 63 wherein said step of enticing use of said internet-based recording system comprises the steps of: assessing potential error indicia; and communicating potential errors to said user.
66. (Original) A method as described in claim 46 and further comprising the step of coordinating a supply quantity of said test with a supply quantity of said supplement.
67. (Original) A method as described in claim 46 and further comprising the step of instructing a user in a manner designed to reduce test results variability.
68. (Original) A method as described in claim 67 wherein said step of instructing a user in a manner designed to reduce test results variability comprises the step of directing said user to achieve an approximately constant parameter test procedure.
69. (Currently Amended) A method as described in claim 68 wherein said step of directing said user to achieve an approximately constant parameter test procedure comprises the step of directing test processes selected from a group consisting of:
directing a user to accomplish the test at a particular time of day based test procedure,
directing a user to accomplish the test at a pre-meal time a pre-meal test procedure,

~~directing a user to accomplish the test at a meal time~~ ~~a meal type test procedure,~~
~~directing a user to accomplish the test at a same-time-of-day~~ ~~test procedure,~~
~~directing a user to accomplish the test at a morning time~~ ~~a morning based test procedure,~~
~~directing a user to accomplish the test at an evening time~~ ~~an evening based test procedure,~~
~~directing a user to accomplish the test on a twice-a-day basis~~ ~~a twice a day test~~
~~procedure,~~
~~directing a user to accomplish the test on a three-times-a-day basis~~ ~~a three time a day test~~
~~procedure,~~
~~directing a user to accomplish the test on a weekly basis~~ ~~a weekly test procedure,~~
~~directing a user to accomplish the test one hour after a meal~~ ~~a one hour after meal test~~
~~procedure,~~
~~directing a user to accomplish the test three hours after a meal~~ ~~a three hours after meal~~
~~test procedure,~~
~~directing a user to accomplish the test on a menstrual cycle timed basis~~ ~~a menstrual cycle~~
~~timed test procedure,~~ and
~~directing a user to accomplish the test at a specific meal~~ ~~a specific meals tie test~~
~~procedure.~~

70-72 (Canceled)

73. (Previously Presented) A method as described in claim 18 and further comprising the step of making an on-site test available at a time of sale of said supplement.
74. (Previously Presented) A method as described in claim 18 and further comprising the step of making a send-in test available at a time of sale of said supplement.
75. (Previously Presented) A method as described in claim 18 and further comprising the step of making a supplement-need-indicative test available at a time of sale of said supplement.
76. (Previously Presented) A method as described in claim 18 and further comprising the step of making a supplement efficacy-based test available at a time of sale of said supplement.
77. (Previously Presented) A method as described in claim 18 and further comprising the step of making a user-profiled test available at a time of sale of said supplement.
78. (Currently Amended) A method as described in claim 77 wherein said step of making a user-profiled test available at a time of sale of said supplement makes available user-profiled test selected from a group consisting of: a children-targeted test directed to those users who are children, a women-targeted test directed to those users who are women, a men-targeted test directed to those users who are men, a menstruational user-targeted test directed to those users who menstruate, an age targeted test directed to those users who have a particular age, a prior history-targeted test directed to those users who have particular prior medical histories, a symptomatic-targeted test directed to those users who have particular biological symptoms, a coffee drinker-targeted test directed to those users who drink coffee, and a prior blood test result-targeted test directed to those users who have a particular prior blood test result.
79. (Previously Presented) A method as described in claim 18 and further comprising the step of making an immediate results test available at a time of sale of said supplement.
80. (Previously Presented) A method as described in claim 79 wherein said immediate results test comprises a test yielding results in time selected from a group consisting of: within about three seconds, within about six seconds, and within about ten seconds.

81. (Previously Presented) A method as described in claim 18 and further comprising the step of making a test available at a time of sale of said supplement wherein said test yields results in a time selected from a group consisting of: within about twenty seconds, within about sixty seconds, and within about three hundred seconds.
82. (Previously Presented) A method as described in claim 18 and further comprising the step of making an internet reportable test available at a time of sale of said supplement.
- 83-104 (Canceled)
105. (Previously Presented) A method as described in claim 18 wherein said step of selecting said test comprises the step of selecting a test from a group consisting of: a qualitative test modality, a semi quantitative test modality, a quantitative test modality, a rate of change test modality, an absolute value test modality, a relative value test modality, and a fail safe test modality.
106. (Previously Presented) A method as described in claim 18 wherein said step of selecting said test comprises the step of selecting a test modality that highly correlates with the use of said supplement.
- 107-109 (Canceled)
110. (Previously Presented) A method as described in claim 18 wherein said step of selecting said test comprises the step of selecting a test modality that has lower correlation with the use of said supplement.
111. (Previously Presented) A method as described in claim 110 wherein said step of selecting a test modality that has lower correlation with the use of said supplement comprises the step of selecting a reported test modality.
112. (Previously Presented) A method as described in claim 110 wherein said step of selecting a test modality that has lower correlation with the use of said supplement comprises the step of selecting a reported test.
113. (Previously Presented) A method as described in claim 18 and further comprising the step of selecting a pre-supplement use personal baseline test.
- 114-131 (Canceled)
132. (Currently Amended) A method as described in claim 18 wherein said test comprises a test from a group consisting of: a test strip-based test, a chip-based test, a culture-based test, an absorption-based test, a ~~chromatography-based~~ chromatography-based test, an antibody-based test, a dye-based test, a blood thinner-based test, a vasodilator-based test, an AIDS-based test, a hormone-based test, a temperature-based test, a temperature strip-based test, a thermography strip test, a peripheral circulation-based test, a user extremity-based test, a red blood cell-based test, a blood presence-based test, an electrical conductivity-based test, a skin electrical conductivity-based test, a galvanic skin response-based test, a magnetic response-based test, a magnetic field-based test, an electrical field-based test, an electrical current-based test, a color coded results-based test, a testosterone-based test, an absorption-based test, a dipstick-type test, a vaginal fluid-based test, a sexually transmitted disease-based test, an enzyme linked immuno serum assay-based test, a kirlian photography-based test, a reaction time-based test, a photoelectric stimulus-based test, an alcohol presence-based test, a breath-based test, a blood-based test, an enzyme-based test, a virus-based test, a hormone-based test, a fertility-based test, a sperm motility-based test, a sperm count-based test, a viral byproduct-based test, a neuramidase-based test, a candida-based test, and a PCR-based test.

133. (Currently Amended) A method as described in claim 18 wherein said test comprises a saliva-sensitive test that tests a substance from saliva.
134. (Currently Amended) A method as described in claim 18 wherein said test comprises a test from a group consisting of: a urine-based test that tests a substance from urine, hair-based test that tests a substance from hair, nail-based test that tests a substance from a nail, a non-invasive test that is accomplished non-invasively, and a blood-based test that tests a substance from blood.
135. (Previously Presented) A method as described in claim 18 wherein said step of selecting said test comprises the step of selecting a pH-based test.
136. (Previously Presented) A method as described in claim 18 wherein said test comprises a test from a group consisting of: a ketone-based test, urea-based test, a serum albumin-based test, a hormone-based test, an immunoassay, an enzymatic assay, a free radical-based test, a redox-based test, an oxidative metabolite-based test, an IgG-based test, an IgA-based test, an IgM-based test, a venous plasma pH-based test, an arterial pH-based test, a free radical-based test, an antioxidant-based test, a chemical reaction-based test, an NPN-based test, and a PNP-based test.
- 137-189 (Canceled)